

## ECSD Concussion Management Program - Procedures

Starting 2011-2012 School Year

1. Rosie Bliss and Amy Damele will be administering the Impact Concussion management program for the school district (initial and or follow up testing of athletes).
2. All athletes, both junior high and high school age students who go out (play) athletics will be tested every year. (All Sports) (6<sup>th</sup> – 12<sup>th</sup> Grades)
3. The initial testing will take place as a group within the start of the practice season.
4. Athletes who are not initially tested as a group will receive individual testing as soon as the athlete tries out and makes the team.
5. There will be no cost to the family of the athlete. The District will pay for the concussion management software system and initial concussion test as long as the student is an athlete participating in a district sanctioned sport.
6. The initial athletic concussion management testing and any subsequent testing within the District Impact Concussion Management program will be administered by school district personnel.
7. The student athlete will be required to be initially tested at ECSD whether he/she has been tested by another school and or district.

Below are some common facts related to concussion management:

1. A concussion is a disturbance in brain function that occurs following either a blow to the head or as a result of the violent shaking of the head.
2. In the United States, the annual incidence of sports-related concussion is estimated at 300,000. Estimates regarding the likelihood of an athlete in a contact sport experiencing a concussion may be as high as 19% per season.

FAQ:

1. More information on the District Concussion Management program can be received at/by:
  - a. Eureka County School District Website
  - b. Contacting the high school principal, athletic director, athletic secretary, concussion management testing team.
  - c. On-Line at <http://www.impacttest.com>
2. Do I need to fill out any forms before my child is tested?
  - a. Yes, a Concussion Management form will be included in your child's athletic packet supplied by the school. Before initial testing, the form must be signed by the parent/guardian of the child

\*\*\* Concussion Management Form Included (attached)....To be returned to the high school secretary. \*\*\*

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